Mobile-IT Education (MIT. EDU): m-learning applications for classroom settings

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Abstract In this paper, we describe the Mobile-IT Education (MIT.EDU) system, which demonstrates the potential of using a distributed mobile device architecture for rapid prototyping of wireless mobile multi-user applications for use in classroom settings. MIT.EDU is a stable, accessible system that combines inexpensive, commodity hardware, a flexible sensor/ peripheral interconnection bus, and a powerful, light-weight distributed sensing, classification, and inter-process communications software architecture to facilitate the development of distributed real-time multi-modal and context-aware applications. We demonstrate the power and functionality of this platform by describing a number of MIT.EDU application deployments in educational settings. Initial evaluations of these experiments demonstrate the potential of using the system for real-world interactive m-learning applications.

Keywords commodity hardware, context-aware, distributed, m-learning, multi-modal, real-time, sensing, system architecture, wearable computing

Introduction

Educators and technologists alike are keenly interested in how wireless and mobile technology can enhance the way people learn and interact with each other. It is obvious that these m-learning technologies (e-learning using mobile devices and wireless transmission) can potentially provide important opportunities for learning and collaborative interaction. Reality, however, has often failed to live up to these high expectations, and wide technology adoption in classrooms has historically been very slow. Typically, technology is showcased as demonstration systems in various experimental E-classroom initiatives such as in Davis (2003), but then penetration in general settings is painfully low. In addition, many m-learning technologies are often limited to content delivery onto mobile

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Correspondence: M. Sung, The Media Laboratory, Massachusetts Institute of Technology, MA, USA. E-mail: msung@media.mit.edu devices, missing the rich potential for more interactive learning paradigms.

One cause of limited adoption is that practical issues such as usability, flexibility, and extensibility are often overshadowed by the need to quickly demonstrate the new features of the technology. The development of the foundation infrastructure necessary to make the technologies most effective is therefore our goal, in order to allow easy deployment of highly interactive and personalized educational technologies.

Several key components are necessary to create such a technology infrastructure for educational settings. First and foremost, a flexible and scaleable system architecture platform is required to be able to appropriately handle classroom settings, potentially involving up to hundreds of individual users. Second, the human factors side of the equation must be properly balanced, and the interface must be appropriately tailored to the application.

Mobile-IT Education (MIT.EDU) applications attempt to achieve these goals by building on a wearable computer technology developed by the MIT Wearable Computing group called MIThril, named for the protective mithril vests appearing in the Lord of the Rings trilogy. This wearable computing technology supports the rapid prototyping and rollout of large-scale community-based applications, originally with particular application to the support of military and emergency operations. The MIThril project started as an attempt to remedy the substantial human factors, flexibility, and robustness problems plaguing wearable computing research at the end of the 1990s. From these beginnings, MIThril evolved towards a practical, modular system of hardware and software for research in wearable sensing and context-aware interaction (Brown 1997; Pascoe 1998; Starner 1998).

In 2001, the defining feature of MIThril was the modular, distributed, clothing-integrated design based on a unified power/data bus, allowing us to put sensing, computing, and interaction resources where they were most useful and appropriate (Lukowicz 2001). In 2003, the advent of inexpensive wireless-capable Linux-personal data assistant devices (PDA) hardware allowed us to redefine MIThril as a multi-user wireless distributed wearable computing environment, supporting dozens of interacting users and large-scale interaction and sensing experiments (DeVaul *et al.* 2003; http://www.media.mit.edu/wearables). It is this maturation of commercial technology that is paving the road to viable m-learning paradigms.

Although PDAs are typically used for individualuser mobile applications, there exists a greater opportunity to tie these PDAs together with a uniform data communication and resource discovery infrastructure that can result in much richer forms of interaction and educational dynamics. The advent of inexpensive wirelessly enabled PDA hardware provides the perfect base platform for multi-user, wireless, distributed wearable computing environment, supporting dozens of interacting users and large-scale interaction and sensing experiments.

We demonstrate the ability to use this standardized PDA hardware tied together with a flexible software architecture and modularized sensing infrastructure to create a system platform where complicated distributed multi-user applications can be developed to enhance educational settings. While our current system implementations are based on PDAs, the software infrastructure is made to be portable to a variety of mobile devices, including cell phones, tablet PCs, and other convergence devices. As such, our systems leverage commercial off-the-shelf components with standardized base-layer communication protocols, such as transmission control protocol/Internet protocol; this allows for the rapid adoption and deployment of our systems into mainstream educational settings.

Even though the variety of applications available for modern mobile devices is quite compelling, they are typically standalone programs with little flexibility or extensibility. We found critical problems in distributed inter-process communication, signal processing, and sensor data classification that were neither addressed by operating systems nor currently available software tools.

The MIThril software architecture addresses these problems by trying to combine the best features and practices from a range of research systems and methodologies, doing so in an open, modular, and flexible way. The three important software systems that form the foundation of the MIThril software architecture are: The Enchantment Whiteboard System for inter-process communication, the Enchantment Signal System for high-bandwidth data streaming, and the Real-Time Context Engine infrastructure for inference and statistical machine learning. This software infrastructure ties everything together, allowing network-transparent streaming data communication to arbitrary endpoints capable of real-time, contextaware interaction. These tools address critical needs in the development of mobile applications while imposing minimal constraints on the nature of these applications.

Using the MIThril software, we are able to extract trends and patterns of activity from the environment as well as the individual user. In order to effectively observe contextual data, systems must have a means to gather, process, and interpret this real-time contextual data. To facilitate this, the MIThril architecture includes modular sensor hubs that can be used to instrument devices for contextual data gathering.

MIT.EDU applications are layered upon this base capability, providing a way to gather these heterogeneous streams of information, perform real-time processing and data mining on this information, and return classification results and statistics that can be used for educational applications. This important contextual data can then be used to derive meaningful information such as immediate user context/profiles, user interaction patterns, aggregated user statistics, and even social network topology or organizational structure. This information can result in more effective, context-aware applications that can augment classroom dynamics in educational settings.

MIThril technical overview

MIT.EDU applications use the MIThril architecture to provide distributed applications in classroom and collaborative settings. Here, we provide a basic description of the hardware and software architecture; please refer to DeVaul *et al.* (2003) for a more detailed technical description.

Hardware

The MIThril hardware architecture is a highly flexible, modular system that is tied together by wired/wireless networking protocols and a unified multi-wired protocol power/data bus for sensors and peripherals. An example of the MIThril configuration is laid out in Fig. 1.

MIThril currently employs the Sharp Zaurus SL-5500 PDA for applications requiring real-time data analysis, peer-to-peer wireless networking, full-duplex audio, and graphical interaction.

The MIThril system supports wireless networking through the Zaurus compact flash interface. This lowcost wireless networking capability is a crucial enabling feature, allowing us to implement multi-node, distributed wearable applications. In general, the compact flash card slot allows for a rich variety of peripherals/sensors, including cell-phone modems, global positioning system (GPS), image and video cameras, Bluetooth and 802.11b (WiFi) wireless, and even head-mounted displays. The Zaurus also provides a serial port, which we use to interface with the Swiss Army Knife version 2 board (SAK2) sensor hub to communicate with sensors.

The SAK2 sensor hub is responsible as a bridge to the sensor data, providing sensor data acquisition, buffering, and sequencing. The SAK2 can also be used without the Zaurus as a standalone data acquisition system. This is particularly useful for large-group applications that do not require real-time processing, WiFi wireless, or complex user interaction.

In addition to the PDA and SAK2 components MIThril leverages a wide variety of sensors, including



Fig. 1 MIThril system, composed of the Zaurus personal data assistant (top left), with Swiss Army Knife version 2 board data acquisition/sensor hub and BioSense physiological sensing board with electrokymograph/heart rate, skin conductance, temperature, respiration (middle), battery source (top right), sensor bus hub (lower right), motion-sensing board (middle left), and multi-sensor board with infrared tag reader, audio, motion (lower left).

accelerometers (for motion detection), environmental switches, light sensors, IR tag readers (which can be used to read tags that identify locations, objects, or even individuals), battery monitors, GPS units, audio microphones, and physiological sensing including electrocardiography/electromyography, galvanic skin response (GSR), temperature, heat flux, pulse oximeters, blood pressure, and heart-rate monitors.

Software

The MIThril software architecture allows designers to quickly prototype distributed, group-based applications that use contextual information about the members of a group. The software comprises three important parts: the Enchantment Whiteboard, the Enchantment Signal System, and the MIThril Real-Time Context Engine.

The Enchantment Whiteboard System is a distributed, client/server, inter-process communication system that provides a lightweight way for applications to communicate.

For higher bandwidth signals, especially those related to the sharing and processing of sensor data for context-aware applications, we developed the Enchantment Signal System. The Signal system is intended to facilitate the efficient distribution and processing of digital signals in a network-transparent manner.

The MIThril Real-Time Context Engine is an opensource, lightweight, and modular architecture for the development and implementation of real-time context classifiers for wearable applications. Using the context engine, we can implement lightweight machine learning algorithms (capable of running on an embedded system like the Zaurus) to process streaming sensor data, allowing the MIThril systems to classify and identify various user-state contexts in real-time.

MIT.EDU applications

The MIT Wearables Group has about 40 MIThril systems in active use, including group-based applications within several collaborative class settings involving 30 simultaneous users. The authors developed Digital Anthropology, an annual cross-registered course between the Massachusetts Institute of Technology (MIT) Media Laboratory and the MIT Sloan Business School, was specifically created in the Spring, 2003, and continued in the Spring, 2004, as a technology testbed for investigating deployments of MIT.EDU applications for collaborative learning and teaching feedback. The syllabus is available through OpenCourseWare, at http://ocw2.mit.edu/OcwWeb/ Media-Arts-and-Sciences/MAS-966Spring2003/ CourseHome/index.htm.

In the following section, a number of real-world case examples of multi-user MIT.EDU applications that are built upon various parts of the MIThril platform are detailed. We first start with a description and evaluation of OpinionMetrics, a distributed application that demonstrates the power of real-time student and teacher feedback. This is followed by brief descriptions of our Reality-Mining, Socio-Physio-Metrics, and GroupMedia projects, examples that were chosen to showcase a few novel applications with unique real-time interaction, analysis, and feedback possibilities that illuminate the potential of mlearning technologies. These examples demonstrate the modular, configurable nature of the MIThril hardware and the flexibility of the software architecture to accommodate a variety of high bandwidth, real-time applications.

OpinionMetrics and real-time rating

In an MIT classroom, students attend an introductory Finance lecture. In front of each student, a WiFiequipped Sharp Zaurus displays a simple, functional interface with buttons labelled 'Applause', 'Bored', and 'Lost'. During the lecture, the students use this interface to provide instant feedback on their status in class. The lecturer is also equipped with a Zaurus that allows her to monitor this feedback in real time. When the number of 'Lost' students reaches a predefined threshold, the lecturer's Zaurus flashes red as a warning that the material is not being absorbed.

To clarify the class' level of understanding, the lecturer asks a question. Her Zaurus-equipped teaching assistant polls the class with the push of a button. When he starts the poll, the students' interface raises a poll dialogue box. When the poll ends, the results are displayed on everyone's Zaurus, and the lecturer has a better idea of the class' understanding. This information is logged for later analysis, allowing the lecturer to craft better presentations.

OpinionMetrics is a set of applications designed to provide lecturers and teaching assistants with feedback about how students are tracking material presented in class. The system has been tested in multiple classroom situations, with positive feedback from users.

We have successfully deployed OpinionMetrics in several trial runs in actual classroom settings at MIT. One particular system rollout was during a neurobiology class with over 20 students, where each student's OpinionMetrics data as well as the class' audio were recorded. The OpinionMetrics systems scaled very well under the resource limitations of the available wireless infrastructure. Despite the fact that every student already had a WiFi-enabled tablet PC, there were no problems running so many simultaneous systems streaming OpinionMetrics data.

We can make several interesting observations from the data collected. From the individual data, we can determine which students felt lost or interested, and the times when they felt compelled to indicate their class state. These timestamps can be synchronized to points in the recorded audio stream to identify the topics that the students struggled with or found interesting. This information allows a teacher to tailor the educational content and resources to better fit the needs of particular students.

From the aggregate data, we can see spikes of interest and confusion during specific points in the lecture. This real-time information is potentially very useful to determine the average state of the class. The OpinionMetrics software was set to notify the lecturer once a critical simultaneous 'lost' threshold was reached. In the class, the lecturer actually responded to these warnings by issuing in-class polling questions, which were sent directly to the student systems. The lecturer can use the results of these polls to further identify the class state and potentially change his lecture material dynamically.

A student survey (18 students) of the usability of the OpinionMetrics systems was conducted. The survey showed that the students generally responded very favourably to the anonymous feedback interaction that OpinionMetrics offered. They felt that they had a significantly better way to express their understanding of the material and found that the interaction level between the students and professor was raised. In general, they did not feel that having the Opinion-Metrics system in front of them created a major distraction and did not find it uncomfortable to hold or use. On average, students wanted to use the system in other classes as well. The lecturer of the class was also very interested in the potential of the MIT.EDU systems. One suggestion that was made was to add alternative output modalities such as audible or tactile cues (instead of strict visual graphs) in order to more naturally gauge class state without distraction. The summary of the survey responses is presented in Table 1.

There are other projects that have goals similar to OpinionMetrics that allow students to give feedback and allow a lecturer to take polls (Dufresne *et al.* 1996; Boyle *et al.* 2002; Draper & Brown 2004). While some of these systems are relatively low-cost and allow for large-scale implementations, OpinionMetrics has an advantage because of its customizability and ability to run on devices that students may already own such as laptops and PDAs.

We have received positive feedback from the OpinionMetrics project, and there is clearly a use for such a system in lecture halls where individual expression can be hindered by large numbers of people competing for attention and the fear of exposing one's lack of understanding to peers. Table 1. Summary of survey results given to an 18-person class after using OpinionMetrics (out of a 7-point Likert scale, ranging from strongly disagree to strongly agree). The chart shows the average rating of each question, followed by the standard deviations

Question	М	SD
It was easy to hold the device	5.5	1.4
It was a distraction during lecture	3.8	1.6
The ability to give anonymous feedback was helpful	6.1	1.2
The system increased the ability to express feelings about lecture at any given moment	5.9	1.0
The system increased student-teacher interaction	5.3	1.4
The system made class time more effective	4.3	1.5
The system improved learning of material in class	3.9	1.8
The system would be useful to have in other class settings	5.7	1.3

Reality mining and conversation analysis

Throughout the semester, every student in the Digital Anthropology course was outfitted with a MIThril system, which recorded continuous high-quality streaming audio using the Enchantment infrastructure to a remote server. Profiles of a participant's conversation such as speaking rate, energy, duration, participants, interruptions, transition probabilities, and time spent holding the floor were calculated using conversation detection and analysis algorithms. This information gives valuable insight into the context and content of conversation as well as captures the dynamics of how such conversations are structured.

Another interesting area of exploration is deploying MIT.EDU systems in group settings to capture conversations and develop statistics on the dynamics of group interaction. Classroom dynamics play a crucial role in the success of a class. It is common knowledge that an instructor must have a sense of how many people are following the lecture, who could use more personalized help, and which parts of lecture need to be reviewed. In an effort to substantially augment an instructor's intuition, our system can quantify these types of metrics to a much greater level of precision.

Each standard MIT.EDU system was augmented with an application to record audio continuously, storing it locally until it could be transmitted to a server over an available wireless network. Participants continuously provide subjective interest feedback on comments and discussion using a modified Opinion-Metrics application that converts the task of providing continuous feedback into a low-attention, secondary task.

By correlating peaks in interest/approval with the individual audio inputs, the system can automatically provide a summary audio track consisting of comments that had high approval or interest ratings, and employ speech analysis to identify topics that had high (or low) ratings. Dynamic maps of student interaction can be generated and publicly displayed to reflect the roles and dyadic relationships within a class. This analysis can help develop deeper insight into the underlying dynamics of the class.

Once detected, the conversation audio streams are extracted and analysed. Table 2 shows a selection of features that can be gleaned from this audio data. Profiles of a student's typical classroom behaviour are built over time using conversation features such as speaking rate, energy, duration, participants, interruptions, transition probabilities (the probability that a particular speaker would speak following a given speaker), and time spent holding the floor. By comparing relative volume levels of a student's voice in multiple microphones, it even becomes possible to infer physical proximity to an approximate degree (Eagle & Pentland 2003).

This system uncovers information concerning the effectiveness of the class, as well as the dyadic relationships between individuals. The information collected includes a list of the peers that a student typically sits by, avoids, talks to, interrupts, and transitions. As can be seen from Fig. 2, a professor (s9) is obviously the dominant member while his advisees

Table 2. Metrics for classroom interaction analysis

(s2, s7, s8) concede the floor to him with relatively high probability – indicative of his influence.

Subjective feedback is pooled and shared with the participants via a public display. Comments that give rise to wide variations in opinion cause the discussion to focus on the reason for disparate opinions, and controversial topics can be retrieved for further analysis and debate. Opinions and comments can also be clustered using 'collaborative filtering' to display groupings of opinion, allowing within- and betweengroup debate. This project demonstrates our ability to capture extremely rich data on everyday behaviour within the classroom.

We have also deployed our systems in MIT Sloan Business School's negotiation classes in the Fall, 2003, where it is useful to be able to monitor individual and group reactions to structured interactions to analyse conversational dynamics using our techniques as well.

We hope to use the information obtained from these controlled experiments to measure the extent to which it can be leveraged to create a more effective and informative classroom experience.

Socio-PhysioMetrics and psychophysiology

The Digital Anthropology seminar is hosting a special guest speaker. The speaker and audience members are wearing physiological monitoring systems that measure skin temperature, heart rate, and skin conductance measures. Behind the speaker, a projector displays these aggregated physiological signals in realtime, allowing the audience and speaker to gauge the

Speaker number	Floor time (%)	Average comment (sec)	Nearest Neighbour	Transition name (%)	Average interest	Group interest
s1	1.5	4.1	s8	s8 (27)	0.21	0.44
s2	2.2	2.2	s9	s9 (47)	0.13	0.36
s3	9.9	3.5	s9	s4 (22)	0.20	0.22
s4	11.4	9.6	s7	s6 (23)	0.05	0.30
s5	12.8	8.8	s7	s9(37)	0.18	0.33
s6	16.9	6.6	s4	s7(28)	0.09	0.21
s7	10.1	6.6	s4	s9 (30)	0.19	0.24
s8	10.8	10.9	s1	s9 (26)	0.40	0.32
s9	24.4	6.9	s7	s6 (22)	0.17	0.25



Fig. 2 A visual depiction of the professor (s9) and student dynamics. Speaking time is depicted by circle size, transition probability is depicted by the width of a link, and average interest level is depicted by circle shade (individual) and circle border (group).

effects of the speech on the audience as well as providing biofeedback to the speaker.

The guest speaker and the members of the audience are also wearing headset microphones and WiFi-enabled Zaurus that stream the individual audio signals to a central server for logging, playback and later analysis. The separate audio signals for each speaker make analysing the structure of conversations easy. Some members of the audience are wearing an experimental motion-based head nodding/shaking measurement system, which can classify whether a person is subconsciously in agreement/disagreement in real time. These data are also being displayed on the projector and recorded for later interpretation.

For our Digital Anthropology classes, the speaker and audience members were outfitted with MIT.EDU systems that can measure skin temperature, heart rate, and skin conductance. The MIT.EDU applications used these measurements, plus an accelerometerbased real-time head nodding/shaking classification systems developed using the MIThril Context Engine framework. These systems allowed us to stream physiologic/movement data in conjunction with the opinion data from the OpinionMetrics software. The data can be used to gauge interest and agreement levels in real-time, and to cross-compare self-reporting results to baseline information such as unconscious nodding in agreement and psycho-physiologic cues such as heart rate and GSR, which is highly correlated with stress and sympathetic nervous system arousal (Cacioppo & Tassinary 1990).

The real-time visualization of the aggregated Enchantment Signal information serves a dual-roll for the speakers and the teacher. The audience's aggregated psychophysiology statistics can be used to gauge audience attention and interest in the form of sociobiofeedback. The speaker can also be wired with his own physiological signals, which is useful as biofeedback for the speaker to identify his own mental state, or by the teacher, who can observe the effects of the speaking or negotiation interaction. Within the context of a structured interaction of a speaking or negotiation class, the person's performance can be studied in a very controlled environment, giving the individuals as well as the instructor valuable feedback.

These socio-physiometric displays have the power to radically change the dynamics and interaction of students and teachers, as well as to provide additional dimensions of information dissemination. Similar displays that show real-time group contextual information such as speaking time of participants in a meeting have been shown to have positive impacts on the dynamics of group interaction (DiMicco & Bender 2004).

GroupMedia and social influence/interest

Group deliberations and decision-making are an integral aspect of Sloan Business School. Four business school students are keenly involved in an animated discussion to find a class project they have to execute as a team. Individuals are using Rateit! on their Zaurus PDAs to give an objective rating of how interesting they find the ideas. This can be correlated with their head-movement and nodding, speech features and physiology, to understand the socio-physiometrics of brainstorming and idea generation.

The concepts of conversational analysis and sociophysiometrics can be combined to analyse the interaction of groups, which we call GroupMedia. The GroupMedia system has been used to measure conversational interest in ten sessions of our Digital Anthropology class. Each session involved a group of three or four people, for durations of between 10 minutes and one hour. The students engaged in conversation and brainstorming sessions, while we recorded their audio dynamics, head movement, and subjective interest ratings.

Head movement and an individual's speech features were easily obtained through motion sensors and microphones that plugged into our MIT.EDU systems. Subjective interest rating was obtained through an interactive MIT.EDU application called *Rateit!* This application is a variant of the OpinionMetrics software, but with a particularly designed graphical user interface so that the users can change interest ratings without significant cognitive load and without having to look at the PDA touch-screen to use it.

We can analyse the voice streams of the individuals of the group session to determine the 'influence' that individuals have on each other. This influence parameter expresses how strong the overall state for a person is depending on the state of another person. In this case, we use a simple two-state model of speaking vs. not-speaking dynamics of the recorded audio to model individual dynamics, and then measure the influence parameter to determine the coupling between speakers. In Choudhury and Pentland (2003), this measure of influence was shown to have an extremely high correlation with one measure of the social novelty (and thus presumably the interestingness) of the information being presented.

From the derived influence parameters and the objective interest ratings, we can begin to see these trends relating social influence and individual interest. Figure 3 shows a graph of the typical data from these meetings. The graphs show group interest ratings during an 8-min session, and the corresponding influence parameters calculated from the audio features. A long-term rise in interest is observed, along with a corresponding long-term rise in influence parameters; the influence parameters are a statistically significant predictor of user interest ratings with a correlation of r = 0.5. More importantly, the 'bumps' in the interest rating correspond to 'bumps' in the influence parameters. This supports the idea that individuals begin to influence each other more (i.e. were more 'engaged') as they find a conversation more interesting.

There was also a correlation between the overall head movement in the group and objective interest. Bursts of group head nodding correctly identify 80% of the changes in group interest level, with a 1/3 false



Fig. 3 Plot of participant interest ratings and the corresponding influence parameters.

alarm rate. Head nodding is not a perfect indicator of interest change, nor does it give the sign of the change, but it does provide the very useful information that we should look for changes in participant behaviour and interest.

Conclusions

The MIT.EDU applications we have described demonstrate the potential of a flexible system infrastructure capable of a variety of individual and group-based context-aware applications. As the various applications that have already been developed demonstrate, the MIThril hardware and software infrastructure allow for the rapid implementation of complex, distributed applications that are contextaware and can interact with students/teachers in realtime. The fact that the infrastructure allows the rapid prototyping of new MIT.EDU applications with minimal effort means that we can conceive and iterate on new applications very easily, further simplifying the design process.

The responses we have had to the MIT.EDU applications provide evidence that we can create significant positive changes in the educational dynamics of our classrooms. Of special interest are the real-time quantitative statistics that can be gathered with our infrastructure that can help teachers to more effectively guide and direct their teaching interactions with students. These statistics can reveal important trends in classroom behaviour, and result in more efficient dynamics where more effective learning can take place.

Notes

It is our hope that other people will find our infrastructure and software tools useful. These tools are open-source and available at http://www.media.mit.edu/wearables under the terms of the Gnu Public License, along with our hardware design files for the SAK2 sensor hub and other sensor designs.

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